

幼稚園教育計劃 中華文化校本學習活動 展示表格

小牛頓中英文幼稚園

學校名稱

2024-2025

K1

學年

年級

活動名稱

認識冬至及農曆新年

活動目標

- 認識冬至的應節食物
- 享受一同「搓湯圓」的活動
- 認識年獸的故事、新年的意義和習俗
- 體驗新年的慶祝活動

活動簡介

為了讓 K1 幼兒認識冬至的應節食物，老師除了出示不同種類的食品圖片外，更與幼兒一同實踐「搓湯圓」的活動，由老師帶領幼兒把糯米粉放入碗中，慢慢加入水及少量食用色素後，便攪拌成麵團。幼兒學習取適量麵團，搓成小圓球。完成後，校工姨姨會協助把湯圓煮好，讓幼兒共同享用湯圓。過程中，幼兒從實踐中學習，體驗親手製作中國食品的樂趣。此外，老師除了在課堂上讓幼兒認識年獸的故事外，更在校內舉行「年宵」及「新春團拜」活動，讓幼兒進一步認識新年的意義和習俗，從而體驗新年的慶祝活動。

活動記錄（例如：兒童作品 / 活動的照片 / 影音）



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中華文化校本學習活動
展示表格

Little Newton Anglo-Chinese Kindergarten

School Name

2024-2025

Year

K1

Grade

Event Name

Winter Solstice and Lunar New Year

Activity Goal

1. Understanding the seasonal foods associated with the Winter Solstice.
2. Enjoyable the activity of making "Tangyuan" (glutinous rice balls) together.
3. Learning about the story of the Nian beast, the significance of the New Year, and related customs.
4. Experiencing the celebrations of the New Year.

Activity Introduction

To help K1 children understand the seasonal foods associated with the Winter Solstice, the teacher not only shows pictures of various types of food but also engages the children in making "Tangyuan" (glutinous rice balls). The teacher guides them in mixing glutinous rice flour with water and a small amount of food coloring to form a dough. The children learn to take an appropriate amount of dough and roll it into small balls. Afterward, the aunties cook the Tangyuan, allowing the children to enjoy their creations together. This hands-on experience enables the children to appreciate the joy of making traditional Chinese food.

In addition to introducing the story of the Nian beast, the teacher organizes activities such as the "Lunar New Year Market" and "Spring Reunion" within the school. These activities help the children understand the significance and customs of the New Year, allowing them to fully experience the celebrations.

Activity Records (Photos/Videos of Children's Work/Events)

