

幼稚園教育計劃

中華文化校本學習活動

展示表格

小牛頓中英文幼稚園

學校名稱

2025-2026

學年

N1-K3

年級

活動名稱

製作飯糰

活動目標

1. 認識糧食安全與珍惜食物的重要性
2. 體驗中華飲食文化並培養生活技能
3. 增進家校合作並推動共同參與學習

活動簡介

透過介紹及活動，讓小朋友了解食物的由來及糧食的重要性，並學習珍惜食物、減少浪費。讓他們透過親手製作飯團，認識中華飲食文化，例如主食與簡單食材的搭配。透過家長義工與小朋友共同完成飯團製作，增強家校互動，培養合作、分享與互相尊重的正向學習態度。

活動記錄 (例如：兒童作品 / 活動的照片 / 影音)



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Little Newton Anglo-Chinese Kindergarten

School Name

2025-2026

Year

N1-K3

Grade

Event Name

Rice Balls

Activity Goal

1. To understand food security and the importance of cherishing food
2. To experience Chinese culinary culture and develop practical life skills
3. To enhance home-school collaboration and promote collaborative learning

Activity Introduction

Through introductions and activities, children learned about the origins of food and the importance of food supplies. They also developed the habit of cherishing food and reducing waste. By making onigiri/rice balls themselves, they were able to learn about Chinese dining culture, such as pairing staple foods with simple ingredients. Through joint rice-ball making with parent volunteers, children and parents strengthened home-school communication and cultivated a positive attitude toward learning, including cooperation, sharing, and mutual respect.

Activity Records (Photos/Videos of Children's Work/Events)

